

Center for Healing Arts Weekly Class Schedule

Time	Class	Teacher	Location	Cost	Drop-]
9:30-11:30am 5:30-7:00pm 6:30-7:30pm	Monday Morning Yoga Kripalu Yoga Feldenkrais	John Schorholtz Dina Pasalis Tiffany Sankary	BodyMind Integration Skylight Yoga Studio Charles River Room	\$48/ Month \$15/ 8 Class Card \$78/ 5 Week Series	\$15 \$20 \$20
9:30-11:30am 11:00am-12:00 2:00-3:00pm 3:00-4:00pm 6:00-7:15pm 7:30-9:00pm	Yoga & Awakening CoreIntegration Tai Chi Level 1 Tai Chi Level 2 Nia Svaroopaa Yoga	Arthur Kilmurry Joseph DellaGrotte Peter Wayne Peter Wayne Julianne Corey Marjorie Crockett	Skylight Yoga Studio BodyMind Integration Charles River Room Charles River Room Charles River Room Skylight Yoga Studio	Discount on Series \$110/ 5 Classes www.treeoflifetaichi.com for Pricing 8 weeks/\$104, 5 classes/\$70 -	\$25 - No No \$15 \$20
6:15-7:15pm 7:30-9:00pm	Core Integration Svaroopaa® Yoga	Josef DellaGrotte Marjorie Crockett	BodyMind Integration Skylight Yoga Studio	\$70/ 4 Weeks \$120/ 10 Classes	Yes \$20
6:00-7:15pm 7:15-8:30pm 8:30-9:30pm 7:30-9:15pm	Unwind Yoga Tai Chi Level 1 Tai Chi Level 2 Zen Vinyasa	Jill Braverman Peter Wayne Peter Wayne Konstantin Barazov	Charles River Room Charles River Room Charles River Room Skylight Yoga Studio	\$60/ 4 Weeks www.treeoflifetaichi.com for Pricing -	\$17 No No -
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